

12 Seeds Growing in Love is a series published by 12 Seeds International, Inc. 1515 E. 66th St., Mpls., MN 55423

Purpose: to help followers of Christ obey His command, recorded in John 13:34: "Love one another."

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Please pray: for the families, friends, teammates, students, military personnel, inmates, released offenders, recovering addicts, and others who are striving to increasingly practice the 12 Seeds in their daily living with the Lord and with others.

Can you spot the hypocrite?

In ancient Greek drama, an actor would often wear a mask, imitating the speech and conduct of the character portrayed.



The masks were of two types: one with a smile, signifying comedy, and the other with a frown, signifying tragedy. The mask often had voice enhancement qualities, something like a megaphone. In some cases, another person would speak the lines from behind a curtain, while the performer on stage acted out the role.

The actor on stage was known as the hypocrite – he was hiding both his real face and real voice.

Are there any hypocrites today?

How much do you know about . . .

INTEGRITY

1. A brief working definition for integrity is: "_____ strength & wholeness."
a. super b. great c. moral d. absolute
2. Proverbs 11:3 says, "The integrity of the upright _____ them . . ." a. guides
b. hinders c. hurts d. confuses
3. Integrity includes being _____ in thoughts, words and actions. a. funny
b. somber c. dull d. true
4. As integrity grows in a relationship, it helps fill the human need for _____.
a. laughter b. security c. authenticity

Answers on other side.

INTEGRITY

MORAL STRENGTH & WHOLENESS

The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity.

– Proverbs 11:3

Integrity is steadfast adherence to a moral or ethical code. With integrity, thoughts, words and actions all agree and align with each other, and all are morally sound. When integrity grows, it helps fill the human need for *authenticity*.

Practice Integrity!

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A PRAYER

Dear Lord, thank You for being the Way, the Truth and the Life. Thank you for your complete integrity. Help me to become more like You. Please guide me by Your Spirit so that I am morally strong and whole in what I think, say and do. In Your Name, Amen.

The 12 Seeds are Biblically based relationship principles that are lived out through five habits in order to love others. All scripture quotations, unless otherwise indicated, are taken from the HOLY BIBLE, NEW INTERNATIONAL VERSION®. NIV®. Copyright ©1973, 1978, 1984 by International Bible Society. Used by permission of Zondervan. All rights reserved.

FOR REFLECTION AND DISCUSSION

Consider these verses . . .

Ps. 139:23-24

Prov. 10:9

Mark 12:14

I Peter 2:12

Consider these questions . . .

How is being authentic with someone a way to love them?

Does integrity help a relationship grow deeper? Why or why not?

What could you do to grow more integrity in your relationships?

What *will* you do?

You're writing a "gospel," a chapter each day, by the deeds that you do, by the words that you say; Men read what you write, whether faithless or true – Say, what is the "gospel" according to you?

– Gilbert

Answers to quiz on side 1:

1. c 2. a 3. d 4. c

Next issue . . . ORDER

- Priorities and guidelines for life
- What does order really mean?

